

# Weston Sailing Club

Abbey Hill, Netley Abbey, Southampton, SO31 5FB:

WSC Youth Sailing Administrator  
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Chandlers Ford  
Eastleigh  
SO53 4SR  
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## Youth sailing 2010

### Training Sessions

WSC will be providing a series of one day youth RYA training sessions during the spring and summer of 2010.

These courses will run between May and October with start times as detailed in the program. Each day will last approximately 6 hours. The programme is open to children aged between 7 and 18 years of age and who are capable of swimming at least 50m. Children should provide their own personal buoyancy aid and clothing which should include a wetsuit or drysuit, wetsuit shoes, a windproof top, gloves and hat.

The primary purpose of the training session is to improve skills and knowledge. It is intended to be a course that introduces children to the sport as well as helping develop those children who have some basic skills. The sessions are based on the RYA syllabus with a particular emphasis on fun. The Club is authorised to award RYA certificates for levels I, II and III to those participants who achieve the relevant standards. The training courses will make use of the club's Fevas, Picos, Lasers and instructors own boats although participants are also encouraged to use their own insured boats at their own risk.

#### Cost

These sessions are will be free to members using their own boats or £10 if they use one of the club dinghies.

Non-members, friends or family will need to pay £15 (including boat hire). Under club rules, non-members are only allowed to attend a maximum of 3 sessions after which they must join the club if they want to continue participating.

### Sailing & Racing Sessions

The primary purpose is to provide supervised practice sessions for the more experienced sailors, aged 12 to 18. The aim is to improve skills to the extent that all participants can become involved in a club racing. A special course will be set for the participants who will start after the main racing fleet has started. The activity will make use of the club's Fevas, Picos, Lasers and instructors' own boats. Participants are also encouraged to use their own insured boats at their own risk.

#### Cost

These sessions are will be free to members using their own boats or £10 if they use one of the club dinghies.

Non-members, friends or family will need to pay £5 and an additional £10 if a club boat is required. Under club rules, non-members are only allowed to attend a maximum of 3 sessions after which they must join the club if they want to continue participating.

## YOUTH SAILING – BOOKING FORM – 2010

If you wish to attend one, or more, of these sessions then please complete the form below and send it to the WSC Youth Sailing Administrator at the above address. You must also complete a medical and photo permission form to attend any of the sessions in the season

Please ensure that a cheque, made payable to “Weston Sailing Club” for the appropriate amount is enclosed with your application form as WSC cannot reserve places until payment is received.

Child's Name	
Age	
Date Of Birth	
Membership Number	
Previous Experience	
Certificates Held	
Using Own Boat	
Contact Phone No.	
Alt. Phone No.	
Parents Name	
Parents Email	
Postal Address	

### Youth Training Sessions – open to members and non-members aged 7-18

Date/Time	Club Boat Required (£10)	Non-Member Price (£15 including club boat)	Request a place
Sat 1 <sup>st</sup> May 10:00			
Mon 3 <sup>rd</sup> May 11:00			
Sat 8 <sup>th</sup> May 14:00			
Sat 17 <sup>th</sup> Jul 12:00			

**Youth Sailing Sessions** – open to members aged 12+ and RYA Level 2 or better. Younger children may join in if accompanied by an Adult.

Date/Time	Non-Member (£5)	ClubBoat Required (£10 fee)	Request a place
Mon 12 <sup>th</sup> Apr 09:30			
Tue 13 <sup>th</sup> Apr 09:30			
Wed 14 <sup>th</sup> Apr 09:30			
Sat 15 <sup>th</sup> May 09:30			
Sat 19 <sup>th</sup> Jun 14:00			
Sat 2 <sup>nd</sup> Oct 15:00			