

Weston Paddle Board Hire

12 Simple tips to improve your time hiring a Paddle Board at Weston

1. **Check the weather forecast and tide times** before you get ready. If the water is too choppy, you might find it difficult, especially if you are a beginner. Avoid offshore winds - They will quickly blow the paddle board far out, which can make it extremely tiring and difficult to paddle back to shore
2. **Please do not alter the air pressure in the board or adjust the air valve in any way.** They have been inflated to the manufactures recommended pressure, and if you do so you may invalidate the warranty and be liable for any damage
3. **Please use the carrying handle and do not drag the board over any hard surface or run aground.** If it is too heavy for you, please ask for help and **do not stand on it on land**
4. **Carry the Board into at least knee-deep water before trying to launch,** initially sit or kneel on the board and paddle out until you are in deeper water (greater than 1.5m)
5. **Please do not use the paddle to push off against the launch ramp, shore, or seabed – it will break,** and you will be liable for the repair or replacement costs. Try to avoid landing on it if you are unfortunate to fall off!
6. **You must always use the paddle board with a leash.** There's nothing more frustrating than having to swim after your paddleboard if you fall off. The leash will also help you stay connected to your board if you get into trouble and help you float.
7. **You must wear a suitable personal flotation device in accordance with the club rules – no exceptions!** This can be a buoyancy aid or a lifejacket. Choose one that still allows you plenty of movement, so you can paddle freely. Not only will it keep you afloat, but it will also help give you time to recover should you fall in – and chances are you will!
8. **Wear suitable clothing for the time of year.** In the winter, you will want to use a wet or dry suit. In the summer, you might be able to get away with shorts and a rash vest. But if you are going to be on the water for a long time, you might want to upgrade to something that keeps you warm.
9. If you can, always go with a friend. It's more fun, and they can help you if you get into difficulty.
10. If you are going out alone, always **tell someone where you're going and when you'll be back.**
11. Bringing your phone to take some photos? Make sure you keep it in a waterproof pouch. That way it won't get wet, and you can use it to **call for help in an emergency** too.
12. **Finally, please remember to wash both board and paddle with fresh water after use** and return all kit to the storage area ready for the next person unless asked not to by the Authoriser